

# Vitenskap – Siste nytt om forskning innen simulering



### Vitenskap – og siste nytt

- Først gamle nyheter
- Så litt om hvordan måle effekt av simulering
- -og så om nyhetene
- Endelig konklusjon: hvordan gjør vi dette bedre?

#### Betydningen av «sleng-bemerkninger»

- Ariel Riskin og medarbeidere, Pediatrics 2015, 2017
   & 2019
- Team av nyfødtsykepleiere & leger på simuleringssenter
- Før scenarier utsatt for bemerkninger
- Randomisert forsøk, halvparten fikk bemerkninger, halvparten fikk ikke
- Effektmål: Teamfunksjon (ikke-tekniske ferdigheter) og tekniske ferdigheter i pasientbehandling





### Uhøflige bemerkninger

### The Impact of Rudeness on Medical Team Performance: A Randomized Trial

Arieh Riskin, MD, MHA<sup>a,b</sup>, Amir Erez, PhD<sup>c</sup>, Trevor A. Foulk, BBA<sup>c</sup>, Amir Kugelman, MD<sup>b</sup>, Ayala Gover, MD<sup>d</sup>, Irit Shoris, RN, BA<sup>b</sup>, Kinneret S. Riskin<sup>e</sup>, Peter A. Bamberger, PhD<sup>a</sup>

PEDIATRICS Volume 136, number 3, September 2015



### Uhøflige bemerkninger

rudeness manipulation. Specifically, the expert told participants that he had already observed a number of groups from other hospitals in Israel, and compared with the participants observed elsewhere, he was "not impressed with the quality of medicine in Israel." This manipulation



### Uhøflige bemerkninger

**TABLE 3** Comparison of Mean Procedural Performance Variables (N = 72)

Variable	Control Group (n = 33)		Rudeness Group (n = 39)		t Test	P (One-Tailed)		
	Mean	SD	Mean	SD				
Performed resuscitation well	3.05	0.84	2.49	0.73	3.00**	.002		
Ventilated well	5.43	0.94	3.01	0.81	2.029**	.0023		
Verified place of tube well	3.56	0.88	2.85	0.82	3.492**	.0005		
Asked for right radiographs	3.29	1.23	2.96	1.50	0.994	.162		
Asked for right laboratory tests	3.78	0.89	3.24	0.94	2.382*	.01		
Gave right resuscitation medications	3.55	0.81	3.17	1.08	1.639	.053		
Stopped percutaneous central line on time	2.95	1.35	2.36	1.44	1.764*	.041		
Prepared and performed pericardiocentesis	2.71	1.55	224	1.39	1.301	.099		
Good general technical skills	(3.17)	0.88	2.61	0.73	2.869**	.0025		
Overall procedural	3.26	0.72	2.77	0.67	2.974**	.0002		

<sup>\*</sup>P < .05, \*\*P < .01.

PEDIATRICS Volume 136, number 3, September 2015





#### Rudeness and Medical Team Performance

Arieh Riskin, MD, MHA, <sup>a,b</sup> Amir Erez, PhD, <sup>c</sup> Trevor A. Foulk, BBA, <sup>c</sup> Kinneret S. Riskin-Geuz, BSc, <sup>d</sup> Amitai Ziv, MD, MHA, <sup>d,e</sup> Rina Sela, CCRN, MA, <sup>e</sup> Liat Pessach-Gelblum, MBA, <sup>e</sup> Peter A. Bamberger, PhD<sup>a</sup>

**OBJECTIVES**: Rudeness is routinely experienced by medical teams. We sought to explore the impact of rudeness on medical teams' performance and test interventions that might mitigate its negative consequences.

METHODS: Thirty-nine NICU teams participated in a training workshop including simulations of acute care of term and preterm newborns. In each workshop, 2 teams were randomly assigned to either an exposure to rudeness (in which the comments of the patient's mother included rude statements completely unrelated to the teams' performance) or control (neutral comments) condition, and 2 additional teams were assigned to rudeness with either a preventative (cognitive bias modification [CBM]) or therapeutic (narrative) intervention. Simulation sessions were evaluated by 2 independent judges, blind to team exposure, who used structured questionnaires to assess team performance.

abstract

**To cite:** Riskin A, Erez A, Foulk TA, et al. Rudeness and Medical Team Performance. *Pediatrics*. 2017;139(2):e20162305





- 39 teams fra nyfødtintensiv
- Foreldre spillet av skuespillere
  - "I knew we should have gone to a better hospital where they don't practice Third World medicine!"
- - til halvdelen av teamene

**To cite:** Riskin A, Erez A, Foulk TA, et al. Rudeness and Medical Team Performance. *Pediatrics*. 2017:139(2):e20162305





TABLE 1 Team Performance Scores—Control Versus Rudeness

	Control	Control ( <i>n</i> = 11)		(n = 10)	F	Р	$\eta^2$
	Mean	SD	Mean	SD	_		
Diagnostic score	4.27	0.41	3.89	0.49	3.80	.07	0.17
Therapy plan	4.23	0.34	3.81	0.38	7.27*	.01	0.28
Intervention score	4.38	0.36	3.75	0.37	15.43**	.001	0.45
General therapeutic score	4.37	0.40	3.80	0.34	12.02**	.003	0.39
Information sharing	4.41	0.42	4.08	0.36	3.65	.07	0.16
Workload sharing	4.40	0.44	3.93	0.35	7.06*	.02	0.27
Helping	4.50	0.37	4.08	0.37	6.56*	.02	0.26
Communication	4.42	0.38	4.03	0.45	4.64*	.04	0.20
General teamwork score	4.43	0.39	4.06	0.34	5.62*	.03	0.23
Midday manipulation check	4.75	0.45	3.98	0.37	19.21**	<.001	_
End day manipulation check	4.66	0.56	4.07	0.31	8.60**	.009	_

<sup>-,</sup> not applicable.

**To cite:** RiskinA, ErezA, FoulkTA, et al. Rudeness and Medical Team Performance. *Pediatrics*. 2017;139(2):e20162305

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# Expressions of Gratitude and Medical Team Performance

Arieh Riskin, MD, MHA, \*Arc Peter Bamberger, PhD,\* Amir Erez, PhD,\* Kinneret Riskin-Guez, BSc,\* Yarden Riskin,† Rina Sela, CCRN, MA,\* Trevor Foulk, PhD,\* Binyamin Cooper, MA,\* Amitai Ziv, MD, MHA,\* Liat Pessach-Gelblum, MBA,\* Ellen Bamberger, MD<sup>cj</sup>

BACKGROUND AND OBJECTIVES: Exposure to negative social interactions (such as rudeness) has robust adverse implications on medical team performance. However, little is known regarding the effects of positive social interactions. We hypothesized that expressions of gratitude, a prototype of positive social interaction, would enhance medical teams' effectiveness. Our objective was to study the performance of NICU teams after exposure to expressions of gratitude from alternative sources.

METHODS: Forty-three NICU teams (comprising 2 physicians and 2 nurses) participated in training workshops of acute care simulations. Teams were randomly assigned to 1 of 4 conditions: (1) maternal gratitude (in which the mother of a preterm infant expressed gratitude to NICU teams, such as the one that treated her child), (2) expert gratitude (in which a physician expert expressed gratitude to teams for participating in the training), (3) combined maternal and expert gratitude, or (4) control (same agents communicated neutral statements). The simulations were evaluated (5-point Likert scale: 1 = failed and 5 = excellent) by independent judges (blind to team exposure) using structured questionnaires.

**RESULTS:** Maternal gratitude positively affected teams' performances  $(3.9 \pm 0.9 \text{ vs } 3.6 \pm 1.0; P = .04)$ , with most of this effect explained by the positive impact of gratitude on team information sharing  $(4.3 \pm 0.8 \text{ vs } 4.0 \pm 0.8; P = .03)$ . Forty percent of the variance in team information sharing was explained by maternal gratitude. Information sharing predicted team performance outcomes, explaining 33% of the variance in diagnostic performance and 41% of the variance in therapeutic performance.

**CONCLUSIONS:** Patient-expressed gratitude significantly enhances medical team performance, with much of this effect explained by enhanced information sharing.

bstract

To cite: Riskin A, Bamberger P, Erez A, et al. Expressions of Gratitude and Medical Team Performance. *Pediatrics*. 2019:143(4):e20182043





"I cannot tell you how grateful I am to the NICU team. Within a day or 2, I realized that my baby was in good hands, and I was able to sleep knowing that my baby will be okay."

TABLE 2 Effects of Exposure to Expressions of Gratitude From the Mother of a Preterm Infant on Medical Team Performance

Evaluated Measure	No Gratitude From Mother <sup>a</sup>	Gratitude From Mother <sup>b</sup>			
	N = 22	N = 21	P (Versus Control)		
Diagnostic score	3.6 ± 1.0 (4.0)	3.8 ± 1.0 (4.0)	.21		
Therapy plan	$3.6 \pm 1.0 (4.0)$	$3.9 \pm 0.9 (4.0)$	.08		
Procedural score	$3.6 \pm 1.0 (4.0)$	$3.9 \pm 0.9 (4.0)$	.008		
General therapeutic score	$3.6 \pm 1.0 (4.0)$	$3.9 \pm 0.9 (4.0)$	.04		
Confidence in diagnosis	$3.7 \pm 1.1 (4.0)$	$3.8 \pm 1.1 (4.0)$	.38		
Information sharing	$4.0 \pm 0.8 (4.0)$	$4.3 \pm 0.8 (4.2)$	.03		
Workload sharing	$4.0 \pm 0.9 (4.0)$	$4.3 \pm 0.8 (4.5)$	.02		

Assessments of performance and analysis were all done at the team level, thus N is the number of teams and not of participants. Data are presented as mean  $\pm$  SD (median). All comparisons were done by using the Mann–Whitney rank sum test because the distributions were not normal.

a This control group includes the neutral group and the expert's gratitude group.

<sup>&</sup>lt;sup>b</sup> The gratitude condition includes the mother and the mother and expert.

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BJA

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Quality and Patient Safety

#### QUALITY AND PATIENT SAFETY

Positive communication behaviour during handover and teambased clinical performance in critical situations: a simulation randomised controlled trial

Barthélémy Bertrand<sup>1,2,3</sup>, Jean-Noël Evain<sup>1,2,3,\*</sup>, Juliette Piot<sup>1,2</sup>, Rémi Wolf<sup>1,2</sup>, Pierre-Marie Bertrand<sup>4</sup>, Vincent Louys<sup>2</sup>, Hugo Terrisse<sup>3,5</sup>, Jean-Luc Bosson<sup>3,5</sup>, Pierre Albaladejo<sup>1,2,3</sup> and Julien Picard<sup>1,2,3</sup>

<sup>1</sup>Department of Anaesthesia and Intensive Care, Grenoble Alpes University Hospital, Grenoble, France, <sup>2</sup>Alps Research Assessment and Simulation Centre, Grenoble Alpes University Hospital, Grenoble, France, <sup>3</sup>TIMC-IMAG Laboratory, UMR, CNRS 5525, Grenoble Alpes University, Grenoble, France, <sup>4</sup>Department of Intensive Care, Cannes Hospital, Cannes, France and <sup>5</sup>Department of Biostatistics, Grenoble Alpes University Hospital, Grenoble, France

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This article is accompanied by an editorial: Normalising good communication in hospital teams by Weller & Webster, Br J Anaesth 2021:126:758–760, doi: 10.1016/j.bja.2020.12.036

Prior presentation: Annual Conference of the French Society of Anaesthesia and Intensive Care, September 2019, Paris, France.





Table 1 Handover delivered by the senior anaesthetist to the participants.
Control group

Control communication behaviour Positive communication behaviour

Duration of handover 1 min

Information provided 7-yr-old boy with no medical history

Planned circumcision

Surgical safety checklist completed

General anaesthesia induced with sevoflurane Airway controlled with a supraglottic device Bilateral pudendal block + sufentanil 0.1 μg kg<sup>-1</sup> i.v.

Surgeon about to make the incision

Non-verbal communication

Clothing Coffee stained and poorly fitting

Facial expression Stressed and tired face

Looking at the floor Gaze orientation

Posture Closed, distant, crossed arms Voice Fast, jerky, and sighing

Verbal communication

Phrases Usual, with some negative tums Vocabulary Usual, with some negative words

For example: 'struggling boy' 'complicated'

'delay time'

Additional comments Made of non-positive suggestions

'Oh, it's you ... ' For example:

'I hope everything goes well.' Picks up the telephone, says he has no Reaction when the

telephone rings time to talk, and then hang up. Clean and tight

Intervention group

Calm, relaxed, and smiling face

Looking into the eyes

Open, close, accompanying gestures

Slow, regular, and grave

Avoidance of negative turns Positive words favoured 'cute, dynamic little boy'

'easily', 'comfort'

'security'

Made of positive suggestions

'Nice to see you!'

'It's all right. You have my full trust'.

Tums off the ringing telephone and does not answer.





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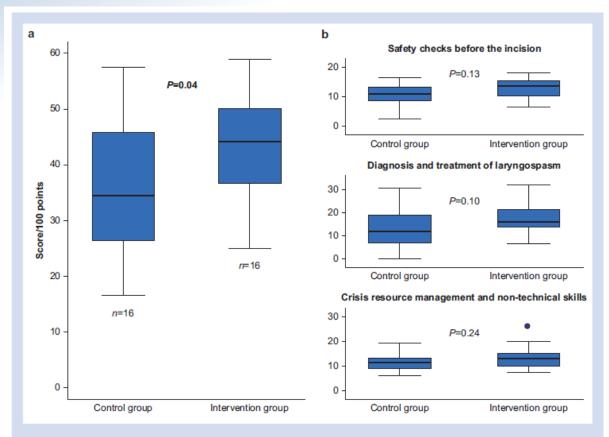


Fig 3. (a) Overall and (b) category-specific team-based clinical performance scores. Box plots show, from bottom to top, minimum, 25th percentile (Q1), median, 75th percentile (Q3), and maximum values. Outliers (shown as points) are defined by values below Q1-1.5\*[Q1-Q3] or above Q3+1.5\*[Q1-Q3].

#### Simulering – fra entusiaster til institusjonalisering





September 2001

#### Spørreskjema om traumekurs

Kjare kursdeltaker. For vi setter i gang med kurset vil vi be deg om å svare på dette spørreshjemaet for at vi kal kurne dame oss et visst bilde av hvordan utgangspurktet ditt der. Spørsmålene kan kurskje virke i tim erkelige og kenskje virke i til en kan gid. Foreshildene ka var på den måte som i størst grad samsvarer med det du mener passer. For at vi skal ha en sjanse til å se om kurset påvrker deg vil vi be en at du opggå tin mors forenvar og det negen fødeslagt og s-måned. På den måte kan vi koble sammen svar på dette skjema med de svar du vil gi etter kurset, uten at vi bør deg om å opggå din egen fødeslettitet.

mors forn	avn:	din fødse	lsdag:	din fødselsmå
1. Hvilken	bakgrunn har du?	lege	spl	annen
2. Hvor m	ange år har du arbeidet i	faget ditt?	- 4	5 - 9
3. Har du mndt?	vært med på mottak og si ja		eller flere mu a, hvor mang	
	du tenker tilbake på sist nepasienter, i hvilken gra			
liten grad	•			stor grad
funacete o	ntimalt?			
fungerte o	ptimalt? prioritering	kommunikasjon	dokumer	ntasjon
ledelse annet:	•	er på rekkefølgen		
ledelse annet:	prioritering n grad føler du deg sikke stabilisering av multitrat	er på rekkefølgen		
ledelse annet: 6. I hvilke: mottak og liten grad 7. I hvilke:	prioritering n grad føler du deg sikke stabilisering av multitrat	r på rekkefølgen umepasienter? er på hva <u>du</u> skal g	av det som sko	al gjøres i forbindels  → stor grad n er din rolle) i
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The Journal of TRAUMA® Injury, Infection, and Critical Care

#### Effects of Nationwide Training of Multiprofessional Trauma Teams in Norwegian Hospitals

Torben Wisborg, MD, DEAA, Guttorm Brattebø, MD, Åse Brinchmann-Hansen, Cand. Polit, Per Einar Uggen, MD, Kari Schrøder Hansen, MD, PhD, and the Norwegian BEST Foundation—BEST: Better and Systematic Trauma Care

Background: Norway has 50 trauma hospitals serving a geographically disperse population (4.6 million) and many have low trauma case loads. We showed that personnel find functioning as a team especially challenging, and developed a 1-day training course, arranged locally at each hospital, focused on team training in communication, leadership, and cooperation during simulated patient treatment. This study evaluates the effects of training on participants' knowledge, confidence, and perceived trauma team performance, controlling for hospital size and the participants' previous experience.

Methods: Anonymous, written questionnaires were answered by 4,203 participants (28% physicians, 55% nurses) in 44 hospitals before and immediately after training courses, and by 1,368 trauma team members in 26 of the hospitals 6 months after their last training course. Outcome measures were knowledge and confidence concerning the respondent's own role, and evaluation of trauma team performance in live trauma resuscitations.

Results: There was a significant increase in self-reported knowledge and confidence among all participants. Community hospitals and participants without recent trauma experience had the lowest preintervention scores, but reached levels comparable to participants at the other hospitals after training. The effects increased after 6 months, with trauma team performance evaluated as having improved, even by team members who had not participated in the training.

Conclusions: Practical team training in hospitals improved the participants' perceived knowledge and confidence, which continued to increase for 6 months after training independent of participants' experience level, suggesting that small hospitals may reach levels comparable to major hospitals.

Key Words: Education, Trauma, Simulation, Quality improvement, Team work, Rural trauma.

J Trauma, 2008:64:1613-1618.

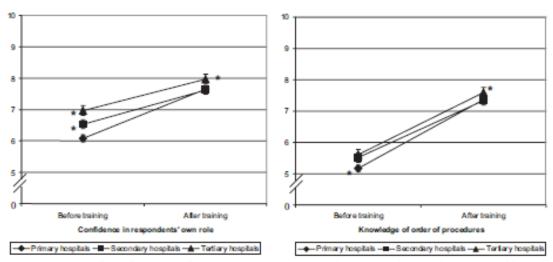


Fig. 1. Trauma team members' self evaluation of the degree of confidence in their own role and their personal knowledge of the correct order of procedures during the resuscitation of trauma victims, based on a visual analog scale before, and after, a one-day training course. Team members are grouped after hospital level (primary, secondary, and tertiary hospitals). \*Significant difference from other hospital categories. Values are expressed as the mean and 95% CI.

Wisborg T et al. J Trauma 2008; 64: 1613-8

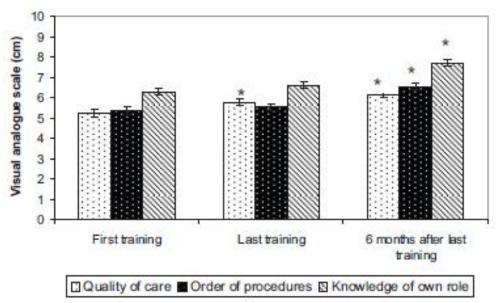


Fig. 2. Trauma team members' evaluation of the last trauma resuscitation they participated in, and their perceived knowledge of the correct order of procedures and their own role during trauma victim resuscitation. Data are provided from hospitals that had more than one training course, and that delivered answers 6 months after the last training course. The number of valid answers varies between 279 and 761 to each variable. \*Significant difference from first training course. Values are expressed as the mean and 95% CL.

Wisborg T et al. J Trauma 2008; 64: 1613-8

#### **Donald Kirkpatrick**

November 1959

#### Techniques For Evaluating Training Programs

Because of his knowledge and experience in the field of Evaluation, we have asked Dr. Donald L. Kirkpatrick of The University of Wisconsin to write this series of four articles. Each article will deal with one step in the Evaluation Process as Dr. Kirkpatrick sees it. Emphasis will be on techniques which training directors can use to evaluate their own programs.

DR. DONALD L. KIRKPATRICK 1

Assistant Director The Management Institute The University of Wisconsin

This series of articles is based on the 
It is hoped that the specific suggestions ing director cannot borrow evaluation attempts. results from another; he can, however, borrow evaluation techniques. There- M. Goodacre III2 is most appropriate fore, the techniques used by various as an introduction: trainers will be described without detailing the findings. Each of these four articles will discuss one of the evaluation steps which can be summarized as follows:

Step 1 - REACTION

Step 2 - LEARNING

Step 3 - BEHAVIOR

Step 4 - RESULTS

.These articles are designed to stimulate training directors to increase their efforts in evaluating training programs.

following assumption: That one train- will prove helpful in these evaluation

The following quotation from Daniel

"Managers, needless to say, expect their manufacturing and sales departments to yield a good return and will go to great lengths to find out whether they have done so. When it comes to training, however, they may expect the return-but rarely do they make a like effort to measure the actual results. Fortunately for those in charge of training programs, this philanthropic attitude has come to be taken for granted. There is certainly Based on the Groundbreaking Work of Donald L. Kirkpatrick

KIRKPATRICK'S

# FOUR LEVELS of TRAINING EVALUATION









JAMES D. and WENDY KAYSER KIRKPATRICK

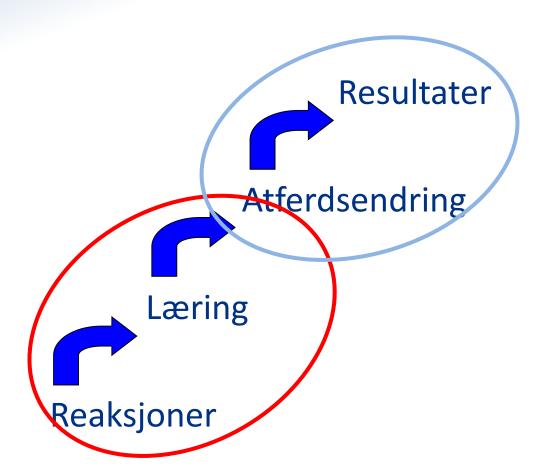




<sup>1.</sup> Also see "The Most Neglected Responsibilities of the Training Department," by Dr. Kirkpatrick in the April, 1959 Journal.

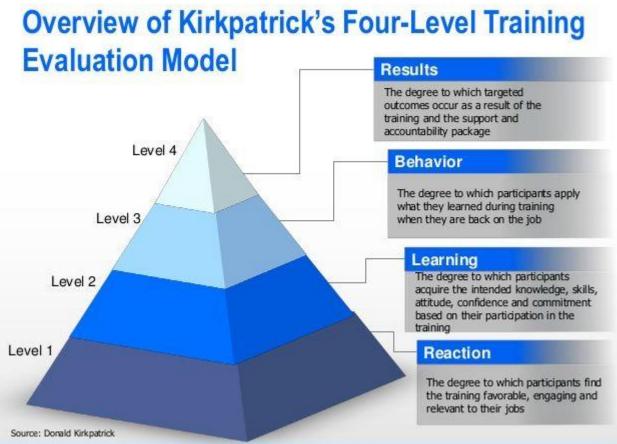
<sup>2. &</sup>quot;The Experimental Evaluation of Management Training: Principles and Practice," Daniel M. Goodacre III, The B. F. Goodrich Company, Personnel, May, 1957.

### Læringsutbytte (individuelt eller team) – Kirkpatrick



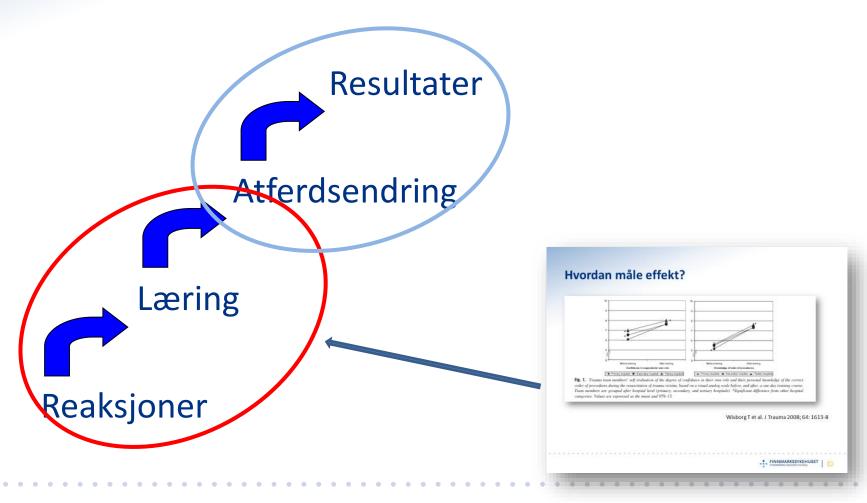
Kirkpatrick's Four-level Training Evaluation Model



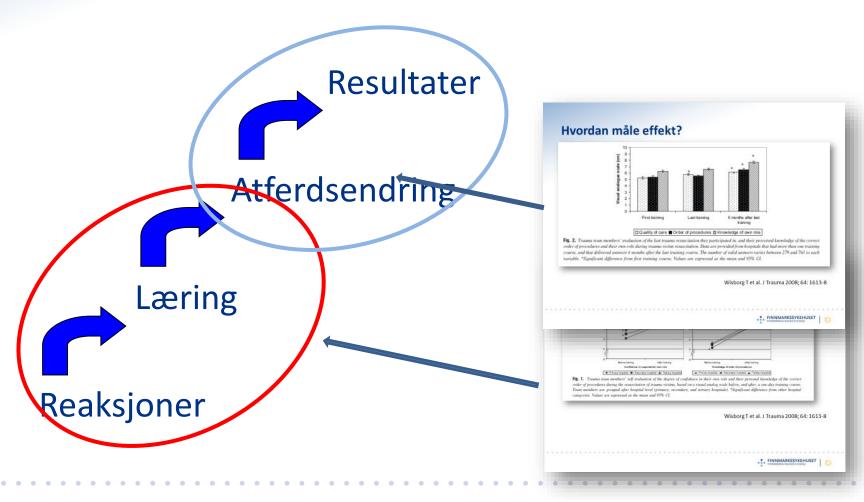


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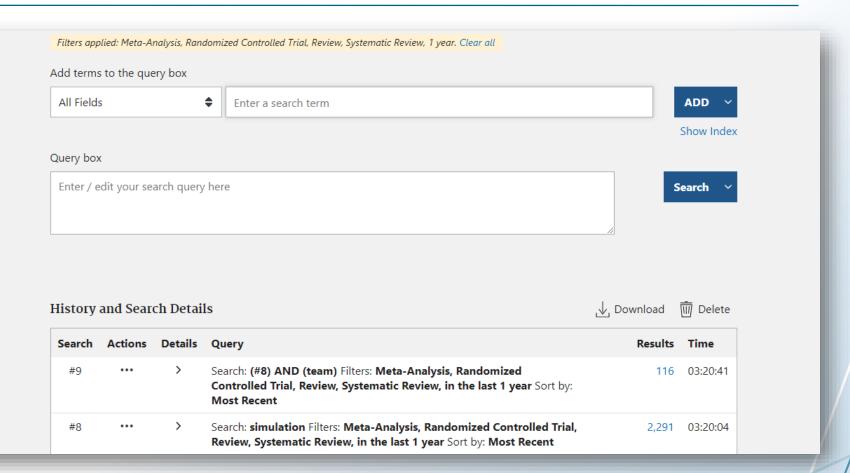
### Læringsutbytte (individuelt eller team) – Kirkpatrick



#### Læringsutbytte (individuelt eller team) – Kirkpatrick



#### Søk



#### Simulation-Based Neonatal Resuscitation Team Training: A Systematic Review

Morten Søndergaard Lindhard, MD, PhD,® Signe Thim, MD,® Henrik Sehested Laursen, MSc,® Anders Wester Schram, MSc,® Charlotte Paltved, MD, MHPE®Tine Brink Henriksen, MD, PhD®

**CONTEXT:** Several neonatal simulation-training programs have been deployed during the last decade, and in a growing number of studies, researchers have investigated the effects of simulation-based team training. This body of evidence remains to be compiled.

OBJECTIVE: We performed a systematic review of the effects of simulation-based team training on clinical performance and patient outcome.

DATA SOURCES: Medline, Embase, Cumulative Index to Nursing and Allied Health Literature, and the Cochrane Library.

STUDY SELECTION: Two authors included studies of team training in critical neonatal situations with reported outcomes on clinical performance and patient outcome.

DATA EXTRACTION: Two authors extracted data using a predefined template and assessed risk of bias using the Cochrane risk-of-bias tool 2.0 and the Newcastle-Ottawa quality assessment scale.

RESULTS: We screened 1434 titles and abstracts, evaluated 173 full texts for eligibility, and included 24 studies. We identified only 2 studies with neonatal mortality outcomes, and no conclusion could be reached regarding the effects of simulation training in developed countries. Considering clinical performance, randomized studies revealed improved team performance in simulated re-evaluations 3 to 6 months after the intervention.

LIMITATIONS: Meta-analysis was impossible because of heterogenous interventions and outcomes. Kirkpatrick's model for evaluating training programs provided the framework for a narrative synthesis. Most included studies had significant methodologic limitations.

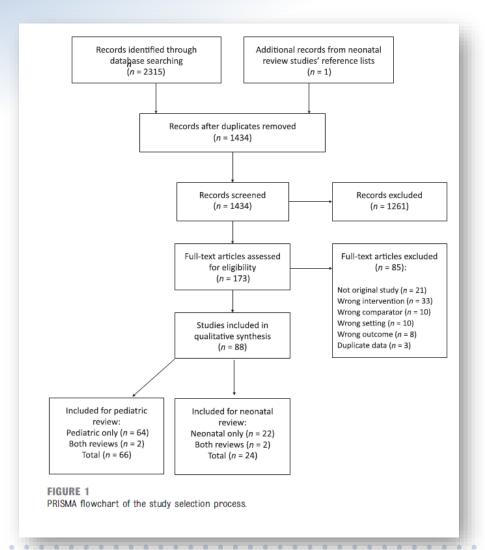
**CONCLUSIONS:** Simulation-based team training in neonatal resuscitation improves team performance and technical performance in simulation-based evaluations 3 to 6 months later. The current evidence was insufficient to conclude on neonatal mortality after simulation-based team training because no studies were available from developed countries. In future work, researchers should include patient outcomes or clinical proxies of treatment quality whenever possible.

abstract

Lindhard MS et al. Simulation-Based Neonatal Resuscitation Team Training: A Systematic Review. Pediatrics. 2021;147(4):e2020042010







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TABLE 1 The 24 Included Studies Arranged by Study Design, Outcome Kirkpatrick Level, and Number of Participants

Author	Year	Country	Design	No.	Outco	me Kirkpatrio	ck Level <sup>a</sup>
					II	III	W.
Walker et al <sup>22</sup>	2016	Mexico	Cluster randomized	305	_	_	Х
Rubio-Gurung et al <sup>19</sup>	2014	France	Cluster randomized	114	_	X	
Thomas et al <sup>20</sup>	2010	United States	Randomized; 3 arms	98	_	X	_
Bender et al <sup>17</sup>	2014	United States	Randomized; 2 arms	50	X	X	_
Sawyer et al <sup>21</sup>	2012	United States	Randomized; 2 arms	30	_	X	_
Lee et al <sup>18</sup>	2012	United States	Randomized; 2 arms	27	X	X	_
Rovamo et al <sup>23</sup>	2015	Finland	Cohort	99	_	X	_
LeFlore and Anderson <sup>24</sup>	2008	United States	Cohort	72	_	X	_
Barry et al <sup>25</sup>	2012	United States	Cohort	52	_	X	
Charafeddine et al <sup>26</sup>	2016	Lebanon	Pre-post	256	X	_	Х
Walker et al <sup>28</sup>	2014	Mexico	Pre-post	305	X	X	
Dadiz et al <sup>27</sup>	2013	United States	Pre-post	228	X	X	_
Sawyer et al <sup>29</sup>	2013	United States	Pre-post	42	X	X	_
Cordero et al <sup>30</sup>	2013	United States	Pre-post	33	_	X	_
Sawyer et al <sup>32</sup>	2011	United States	Pre-post	30	_	X	_
Cordero et al <sup>31</sup>	2013	United States	Pre-post	26	X	X	_
Dettinger et al <sup>33</sup>	2018	Kenya	Pre-post	182	X	_	_
Walker et al <sup>34</sup>	2015	Guatemala	Pre-post	159	X	_	_
Letcher et al <sup>35</sup>	2017	United States	Pre-post	130	X	_	_
Malmström et al <sup>36</sup>	2017	Sweden	Pre-post	92	X	_	_
Raffaeli et al <sup>37</sup>	2018	Italy	Pre-post	28	X	_	_
Hossino et al <sup>38</sup>	2018	United States	Pre-post	26	X	_	_
Ross et al <sup>10</sup>	2016	United States	Pre-post	17	X	_	_
Bragard et al <sup>11</sup>	2018	Belgium	Pre-post	16	X	_	_

<sup>-,</sup> not available.

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a Kirkpatrick level II (learning), level III (clinical performance), and level IV (patient outcome).

#### CONCLUSIONS

This systematic review compiles the first decade of research on simulationbased team training in neonatal medicine emergencies. We were unable to reveal the effects of team training on neonatal morbidity and mortality because we identified only 2 studies, both conducted in developing countries and with significant methodologic limitations. However, 5 randomized studies revealed improved team performance in simulation-based reevaluations 3 to 6 months after the intervention simulation training. In future research, researchers should include patient outcomes or clinical proxy measures of treatment quality whenever possible.

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#### Simulering innen organdonasjon

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Education and training methods for healthcare professionals to lead conversations concerning deceased organ donation: An integrative review

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Keywords

#### ABSTRACT

Objectives: To determine which training methods positively influenced healthcare professionals' communication skills and families' deceased organ donation decision-making.

Methods: An integrative review using systematic methods and narrative synthesis for data analysis. Electronic databases of PubMed, Cumulative Index to Nursing and Allied Health Literature (EBSCO), Embase (OVID) and ProQuest Dissertations & Theses Global, were searched between August 1997 and March 2020, retrieving 1019 papers. Included papers (n = 14) were appraised using the Medical Education Research Study Ouality Instrument.

Results: Training programmes offered theory, experiential learning, feedback and debriefing including self-reflection, the opportunity to role-play and interact with simulated participants within realistic case scenarios. Programmes reported observed and self-rated improvements in communication learning and confidence. The methodological quality score averaged 13, (72% of maximum); few studies used an experimental design, examined behavioural change or families' perspectives. Weak evidence suggested training could increase organ donation authorisation/consent rates.

Conclusions: Multiple training strategies are effective in improving interprofessional healthcare professionals' confidence and learning of specialised communication. Methodological limitations restricted the ability to present definitive recommendations and further research is warranted, inclusive of family decision-making experiences.

Practice implications: Learning of specialised communication skills is enhanced by using multiple training strategies, including role-play and debriefing.

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### Simulering innen organdonasjon

Table 3
Training strategies used in each study

First author, year	Written information	Oral pre sentation	Instructional videotape	Discussion	Web-based instruction	Self-reflection	Modelling (instructor)	Role p	lay Obser	ver role	Feedback/ debriefing	Interview practice with SFM (actors)	Clinical rotation	Total strategies per study(n)
Vaidya, 1999 [38]	/							/			/	/ab		4
Morton, 2000 [30]	_	/	/	/		/		/	/		/	/b		8
DeV ita, 2003 [34]	/	/	/	/		/		/	/		/		/	9
Blok, 2004 [25]	_	/	/	/		/		/	/		/	/		8
Hales, 2008 [27]	1°		1°	/	1°	/		-	/		/	<b>√</b> d		8
Meyer, 2009 [29]	<b>√</b> °	/	/	/		/		_	/		/	<b>√</b> 6		8
Simi noff, 2009 [32]		/		/				/			/	<b>√</b> b		5
Downar, 2012 [35]	/	/		_		_		-	-		/	/		4
Tobler, 2014 [37]	<b>√</b> °	/	/	/		/	/	/	/		/	/		10
Simi noff, 2015 [33]	_				/			/	1		/	/		4
Johnson, 2017 [36]	1°	/		/		/	/	/	-		/	/		8
Marogna, 2018 [28]	_	/					_	/	_		/	<b>√</b> b		4
Potter, 2018 [31]	_	_	_	-	/	/	-	/	/		/	<b>/</b> b		6
Fico, 2019 [26]	_	_	/	_	/	/	_							3

Note. SFM = standardised family member; ✓ = reported; -= unclear

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<sup>\*</sup> Simulated participants (parents) played by real parents and paediatric healthcare professionals (volunteers).

b Video-recorded.

c Pre-reading.

d Simulated participants (colleague and SFM) played by actors.

#### Simulering innen organdonasjon

Table 4 Outcome categories based on a modified Kirkpatrick's classification.

First author, year	Category of evaluati	on			
	1, Reaction <sup>a</sup>	2A, Learning <sup>c</sup>	2B, Learning <sup>d</sup>	3, Behaviour <sup>e</sup>	4, Results
Vaidya, 1999 [38]			Yes (smn)		$\overline{}$
Morton, 2000 [30]	Yes <sup>b</sup>		Yes (smn)		
DeVita, 2003 [34]	Yes	Yes (NR)	Yes (NR)		/ \
Blok, 2004 [25]		Yes (+)			
Hales, 2008 [27]	Yes <sup>b</sup>	Yes (+)			
Meyer, 2009 [29]	Yes	Yes			
Siminoff, 2009 [32]				Yes (smn)	Yes (-)
Downar, 2012 [35]	Yes	Yes (+)	Yes (smn)		
Tobler, 2014 [37]	Yes <sup>b</sup>	Yes (+)	Yes (+)		
Siminoff, 2015 [33]				Yes (smn)	Yes (smn)
Johnson, 2017 [36]	Yes <sup>b</sup>	Yes (smn)			` '
Marogna, 2018 [28]			Yes (NR)		Yes (NR)
Potter, 2018 [31]					Yes (smn)
Fico, 2019 [26]			Yes (-)		Yes (-)

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<sup>&</sup>lt;sup>a</sup> Category 1 – scheduling, topic content, quality of instructors.

b Included quality of the case scenarios and actors.

<sup>&</sup>lt;sup>c</sup> Category 2A – change perceptions, attitudes (comfort, confidence).

d Category 2B — improve knowledge (theory test) and increase (communication) skills (performance test).

<sup>&</sup>lt;sup>e</sup> Category 3 – transfer to the clinical setting (attitudes, knowledge & skills).

f Category 4 — benefits to patients (families' final organ donation decision).

#### **CRM** (crew resource management)

#### REVIEW ARTICLE

#### OPEN

# What Do We Really Know About Crew Resource Management in Healthcare?: An Umbrella Review on Crew Resource Management and Its Effectiveness

Martina Buljac-Samardžić, PhD,\* Connie M. Dekker-van Doorn, PhD, RN,† and M. Travis Maynard, PhD.‡

Objective: The aim of this article was to present an overview of the crew resource management (CRM) literature in healthcare. The first aim was to conduct an umbrella review on CRM literature reviews. The second aim was to conduct a new literature review that aims to address the gaps that were identified through the umbrella review.

Methods: First, we conducted an umbrella review to identify all reviews that have focused on CRM within the healthcare context. This step resulted in 16 literature reviews. Second, we conducted a comprehensive literature review that resulted in 106 articles.

Results: The 16 literature reviews showed a high level of heterogeneity, which resulted in discussing 3 ambiguities: definition, outcome, and information ambiguity. As a result of these ambiguities, a new comprehensive review of the CRM literature was conducted. This review showed that CRM seems to have a positive effect on outcomes at Kirkpatrick's level 1, 2, and 3. In contrast, whether CRM has a positive effect on level 4 outcomes and how level 4 should be measured remains undetermined. Recommendations on how to implement and embed CRM training into an organization to achieve the desired effects have not been adequately considered.

Conclusions: The extensive nature of this review demonstrates the popularity of CRM in healthcare, but at the same time, it highlights that research tends to be situated within certain settings, focuses on particular outcomes, and has failed to address the full scope of CRM as a team intervention and a management concept.

Key Words: crew resource management, teams, training, teamwork, intervention, systematic review, patient safety

(J Patient Saf 2021;00: 00-00)

government-initiated cost-saving programs that aim to keep health-care systems affordable and sustainable. As a result, teamwork is seen as a key ingredient in helping healthcare organizations face this environmental dynamism. Several studies support the notion that teamwork is one of the most critical components of a high functioning healthcare system (e.g., the study by Rosen et al<sup>2</sup>). Similarly, the importance of teamwork was loudly acknowledged within the Institute of Medicine hallmark report "To Err Is Human, Crossing the Quality Chasm," which evidenced a link between the lack of teamwork and preventable medical errors. In addition, they cited that training in team behavior is essential given its role in reducing medical errors and increasing patient safety.<sup>3,4</sup>

Consequently, healthcare organizations are using interventions that aim to improve team functioning. In particular, Hughes et al<sup>5</sup> (2016) showed in their meta-analysis the high potential that team training programs in healthcare had on a variety of outcomes including patient health. Although there are various teamwork training programs being used within the healthcare industry, crew resource management (CRM) is likely the most well-known and widely applied intervention within healthcare organizations aimed to enhance team functioning and improve patient safety.

Crew resource management is often referred to as a training intervention that covers nontechnical skills such as situational awareness, decision making, teamwork, leadership, coping with stress, and managing fatigue. A typical CRM training program comprises a combination of information-based methods (e.g., lectures), demonstration-based methods (e.g., videos), and practice-based methods (e.g., simulation, role playing). However, at its

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### **CRM** (crew resource management)

#### TABLE 2. Descriptions of the CRM Concept

Authors (Year)	Description of CRM Within Review
I. Reviews that focus on	CRM
Boet et al16 (2014)	"The ultimate goal of all CRM simulation training is to increase patient safety and result in better patient outcomes."
Fung et al 17 (2015)	"CRM includes clinical as well as communication and team-working abilities. CRM refer to principles such as leadership and followership, communication, teamwork, resource use, and situational awareness."
Gross et al <sup>11</sup> (2019)	Salas et al. 1999 defined CRM training as a "a family of instructional strategies designed to improve teamwork in the cockpit by applying well-tested training tools (e.g., performance measures, exercises, feethack mechanisms) and appropriate training methods (e.g., simulators, lectures, videos) targeted at specific content (i.e., teamwork knowledge, skills, and attitudes). The purpose of CRM in high-risk organizations can be summarized as error countermeasures with three lines of defense: (1) avoidance of error, (2) trapping incipient errors before they are committed and (3) mitigating the consequences of those errors which occur and are not mitigated."
Maynard et al <sup>18</sup> (2012)	Possible CRM training components: patient safety overview within healthcare, role of CRM in other industries and within healthcare to address safety, communication, normalization of deviance, ingredients for effective teamwork, conflict, team briefings, team debriefings, assertiveness, situational awareness, shared mental models, red flags, and decision making.
O'dea et al <sup>7</sup> (2014)	"The purpose of CRM training is to promote safety and enhance efficiency through optimum use of all available resources: equipment, procedures and people. The focus of CRM training is not on technical skills but rather cognitive and interpersonal skills, such as communication, situational awareness, problem solving, decision making, leadership, assertiveness and teamwork. Training is usually designed to develop generalizable, transportable teamwork competencies that learners can apply across different settings and teams. Instructional methods include: information-based methods (e.g., didactic lecture); demonstration-based methods (e.g., behavioral modeling, videos); and practice-based methods (e.g., simulation, role playing)."
O'Connor et al <sup>19</sup> (2008)	CRM training can be defined as "a set of instructional strategies designed to improve teamwork in the cockpit by applying well-tested tools (e.g., performance measures, exercises, fredback mechanisms) and appropriate training methods (e.g., simulators, lectures, videos) targeted at specific content (i.e., teamwork knowledge, skills, and attitudes) (Salas et al., 1999, p. 163). 30° "An introductory CRM course is generally conducted in a classroom for 2 or 3 days. Teaching methods include lectures, practical exercises, role playing, case studies, and video of accident reenactments. CRM courses typically cover core topics such as teamwork, leadership, situation awareness, decision making, communication, and personal limitations."
Salas et al <sup>20</sup> (2006)	"CRM is an instructional strategy that trains crews to effectively use all of their available resources (i.e., people, equipment, and information). CRM training has been defined as a set of "instructional strategies designed to improve teamwork in the cockpit by applying well tested training tools (e.g., performance measures, exercises, feedback mechanisms) and appropriate training methods (e.g., simulators, lectures, videos) targeted at specific content (i.e., teamwork knowledge, skills, and attitudes)" (Salas et al, 1999, p.163). " it can be conceptualized as a team training strategy focused on improving crew coordination and performance."
Verbeek-van Noord et al <sup>12</sup> (2014)	"CRM typically includes educating teams about the limitations of human performance. Operational concepts include inquiry, seeking relevant operational information, assessing personal and peer behavior, communicating proposed actions, conflict resolution, and decision making."
Zeltser and Nash <sup>21</sup> (2010)	Not clear.
II. Reviews that focus or	n simulation
Doumouras et al <sup>22</sup> (2012)	"Simulation-based crisis resource management (CRM) training using a realistic computer-controlled mannequin is believed to be a useful strategy for teaching team-based skills. This methodology allows for repeated instruction and deliberate practice while posing no threat to patients."
Murphy et al <sup>23</sup> (2015)	"It (referring to simulation) is based on the experiential learning theory which provides devices, staff, virtual environments and events that arise in professional situations."
Tan et al <sup>24</sup> (2014)	Not clear.
	on team training in general
Buljac-Samardzic et al <sup>25</sup> (2010)	"CRM encompasses a wide range of knowledge, skills, and attitudes including communication, situational awareness, problem solving, decision making, and teamwork."
Low et al <sup>26</sup> (2018)	"Crew resource management (CRM) is an educational curriculum that was initially developed for the aviation industry to improve safety, communication and decision making. CRM was adapted to healthcare when patient simulators were used in anesthesia training programs and highlights five essential core concepts: team structure, leadership, situational awareness, mutual support and communication."
McCulloch et al <sup>27</sup> (2011)	Not clear.
Weaver et al <sup>28</sup> (2014)	"A specific team-training strategy focused on developing a subset of teamwork competencies including hazard identification, assertive communication and collective management of available resources."

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### **CRM** (crew resource management)

#### Conclusion Phase 2

Based on our *new* and more comprehensive literature review, we can clearly state that CRM seems to have a positive effect on Kirkpatrick's level 1, 2, and 3. However, effects on level 3 were not only obtained through observations but also through the perception of participants. Whether CRM has a positive effect on level 4 outcomes and how level 4 should be measured remain undetermined. Likewise, the precise manner in which to implement and embed CRM training into the organization so that the desired effects will occur and will be sustained should be given more research attention. Furthermore, future research attention is needed on how long the positive effects will sustain and what the critical factors are to sustain the effects of CRM training interventions.

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## Hva gjør vi så?

### Hva gjør vi så?

The Joint Commission Journal on Quality and Patient Safety

#### Teamwork and Communication

Twelve Best Practices for Team Training Evaluation in Health Care

Sallie J. Weaver, M.S.; Eduardo Salas, Ph.D.; Heidi B. King, M.S.

T mproving communication, a critical component of effective L teamwork among caregivers, is the only dimension of teamwork explicitly targeted in the current Joint Commission National Patient Safety Goals (Goal 2, Improve the effectiveness of communication among caregivers).1 Yet dimensions of teamwork underlie nearly every other National Patient Safety Goal in some form. For example, improving the safe use of medications (Goal 3), reducing the risk of hospital infections (Goal 7), and accurately reconciling medication (Goal 8) all require much more than communication. To achieve these goals, providers across the continuum of care must engage in mutual performance monitoring and backup behaviors to maintain vigilant situational awareness. They must speak up with proper assertiveness if they notice inconsistencies or potentially undesirable interactions, and they must engage the patient and his or her family to do the same. They must share complementary mental models about how procedures will be accomplished, the roles and competencies of their teammates, and the environment in which they are functioning. There must be leadership to guide and align strategic processes both within and across teams in order for care to be streamlined, efficient, and effective. In addition, providers, administrators, and patients and their families must want to work with a collective orientation, recognizing that they are all ultimately playing for the same "team"-that of the patient.

Thanks to the expanding wealth of evidence dedicated to developing our understanding of the role teamwork plays in patient care quality<sup>2,4</sup> and provider well-being,<sup>7</sup> strategies to develop these skills, such as team training, have been integrated into the vocabulary of health care in the 21st century. Considerable effort and resources have been dedicated to developing and implementing team training programs across a broad spectrum of clinical arenas and expertise levels. For example, anesthesia Crew Resource Management<sup>4-10</sup> and TeamSTEPPS<sup>011,12</sup> represent the culmination of more than 10 years of direct research and development built on nearly 30 years of science dedicated to the study of team performance and training.<sup>13</sup>

#### Article-at-a-Glance

Background: Evaluation and measurement are the building blocks of effective skill development, transfer of training, maintenance and sustainment of effective team performance, and continuous improvement. Evaluation efforts have varied in their methods, time frame, measures, and design. On the basis of the existing body of work, 12 best practice principles were extrapolated from the science of evaluation and measurement into the practice of team training evaluation. Team training evaluation refers to efforts dedicated to enumerating the impact of training (1) across multiple dimensions, (2) across multiple settings, and (3) over time. Evaluations of efforts to optimize teamwork are often afterthoughts in an industry that is grounded in evidencebased practice. The best practices regarding team training evaluation are provided as practical reminders and guidance for continuing to build a balanced and robust body of evidence regarding the impact of team training in health care. The 12 Best Practices: The best practices are organized around three phases of training: planning, implementation, and follow-up. Rooted in the science of team training evaluation and performance measurement, they range from Best Practice 1: Before designing training, start backwards: think about traditional frameworks for evaluation in reverse to Best Practice 7: Consider organizational, team, or other factors that may help (or hinder) the effects of training and then to Best Practice 12: Report evaluation results in a meaningful way, both internally and externally.

Conclusions: Although the 12 best practices may be perceived as intuitive, they are intended to serve as reminders that the notion of evidence-based practice applies to quality improvement initiatives such as team training and team development as equally as it does to clinical intervention and improvement efforts.

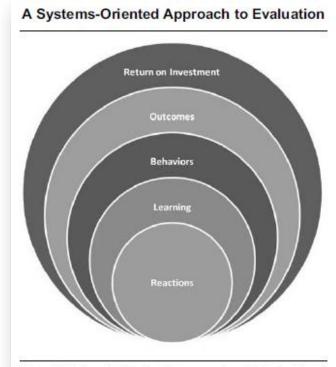


Figure 1. Effective evaluation demands a systems-oriented approach, with evaluation objectives and specific training objectives aligned across multiple levels of analysis.

Weaver SJ. Joint Comm J Qual Patient Safety. 2011; 37: 341-9





### Hva gjør vi så?

#### Table 2. 12 Best Practices for Team Training Evaluation\*

#### **Planning**

- Best Practice 1. Before designing training, start backwards: Think about traditional frameworks for evaluation in reverse.
- Best Practice 2. Strive for robust, experimental design in your evaluation: It is worth the headache.
- Best Practice 3. When designing evaluation plans and metrics, ask the experts—your frontline staff.
- Best Practice 4. Do not reinvent the wheel; leverage existing data relevant to training objectives.
- Best Practice 5. When developing measures, consider multiple aspects of performance.
- Best Practice 6. When developing measures, design for variance.
- Best Practice 7. Evaluation is affected by more than just training itself. Consider organizational, team, or other factors that may help (or hinder) the effects of training (and thus evaluation outcomes).

#### Implementation

- Best Practice 8. Engage socially powerful players early. Physician, nursing, and executive engagement is crucial to evaluation success.
- Best Practice 9. Ensure evaluation continuity: Have a plan for employee turnover at both the participant and evaluation administration team levels.
- Best Practice 10. Environmental signals before, during, and after training must indicate that the trained KSAs and the evaluation itself are valued by the organization.

#### Follow-up

- Best Practice 11. Get in the game, coach! Feed evaluation results back to frontline providers and facilitate continual improvement through constructive coaching.
- Best Practice 12. Report evaluation results in a meaningful way, both internally and externally.
- \* KSAs, knowledge, skills, and attitudes.

Weaver SJ. Joint Comm J Qual Patient Safety. 2011; 37: 341-9





# Konklusjon

- Simulering har blitt standard praksis
- Bør kunne dokumenteres som andre

evidensbaserte metoder:

- Kreftbehandling
- Kirurgi
- ECMO etter hjertestans





# Men...

### **David Gaba, 1992 (!)**

"No industry in which human lives depend on the skilled performance of responsible operators has waited for the unequivocal proof of the benefit of simulation before embracing it" *Anesthesiology* 1992; 76: 491-4

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**EDITORIAL VIEWS** 

Anesthesiology 76:491–494, 1992

#### Improving Anesthesiologists' Performance by Simulating Reality

A "simulator" is a "training device that duplicates artificially the conditions likely to be encountered in some operation." It is probable that simulation has long been a part of human activity: it is easy to imagine early homids putting on the hides of prey or dangerous animals to give their compatriots a chance to practice hunting or survival techniques. Simulation technology goes back many centuries, and Good and Gravenstein" have called attention to "quintains," which were objects used as surrogate enemies for training soldiers in Roman times.

rogate enemies for training soluters in kontan times.

This technique of simulating aspects of the world is in principle very powerful, and numerous applications of simulators for a variety of industries have been identified by Singleton in his book on psychological ergonomics? (rable 1)

Simulators have made their major impact as training devices in such diverse fields as commercial and military aviation, space flight, automotive driving, locomotive control, ship handling, fire-fighting, combat, and operation of nuclear power or petrochemical plants.4 Singleton also emphasizes the many research uses of simulators. Thus, the study by Schwid and O'Donnell<sup>5</sup> in this issue of ANES-THESIOLOGY is an example of uses six and seven in Singleton's list, and it represents an important contribution to our understanding of the limits of performance of anesthesia practitioners. The authors have developed a screen-only anesthesia simulator, the responses of which are largely driven by mathematical models of physiology and pharmacology. Using the simulator's research advantage of allowing presentation of the same events to multiple subjects, they tested the response of 30 anesthesiol-

ogists to the same case scenarios, some of which involved serious and catastrophic events.

The results were sobering. Two residents seriously mishandled a simulated esophageal intubation. The "correct" management of events involving myocardial ischemia, anaphylaxis, or cardiac arrest was achieved by less than half the anesthesiologists. Suboptimal or erroneous management was common and striking and included: failure to treat severe hypotension and tachycardia; in-ability to use vasoactive infusions within the typical dose ranges; and failure to monitor blood pressure cale quately when using an automated blood pressure calf. In managing the cardiac arrest, no one followed current Advanced Cardiac Life Support (ACLS) resuscitation protocols unless they had received ACLS training in the pre-

A few caveats about the study are in order. How does case management using this simulator differ from the "real world"? Schwid and O'Donnell<sup>5</sup> acknowledge that the computer-screen-based simulation is not the real operating room (OR), and so it is impossible to know whether these subjects would have performed as poorly in real life as in this study. Working "in" the computer screen OR is considerably different than working in the real OR, and regardless of how facile the subjects became with the simulator, its artificial nature might well have adversely affected their performance, especially regarding rapid dynamic responses that may rely on subtle environmental cues to trigger and guide them. The artificial environment can be a two-edged sword. Some activities are probably easier to perform on the computer-screen-only anesthesia simulator than in real life (e.g., preparing an epinephrine infusion from scratch), whereas others are actually easier in the real OR than on the computer screen (e.g., simultaneously adjusting a mask on the patient's face, squeezing the reservoir bag, and listening to breath sounds). In addition, this simulator does not reproduce the human-ma-

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# Takk for oppmerksomheten

